

# NEWSROUND

## Principals Message

### Dear Parents and Community Members,

Welcome back to our students and families! I hope everyone enjoyed the break and had a chance to relax and spend some quality time together. We have a busy, and longer, term ahead.

We have further news on Mrs Varty's return- she will be back on deck at Ardmona by the end of term, all being well. In the meantime, I will stay on acting in the Principal role. Thank you for making me feel so welcome and I am very happy to help out at Ardmona until Mrs Varty returns. It's a fantastic school!

### Anzac Day

Anzac Day is always a special day on the calendar. We held our own commemorative service here at school on Wednesday. The cenotaph is a beautiful piece of Ardmona history and a place to reflect on our past. We ran a combined unit over the week with a focus on history, literacy, art, and food technology. We looked at the symbols used in the Anzac Day service and significance of the word Anzac. The students studied the text 'Anzac Ted' and we made poppies, wreaths and Anzac biscuits. I hope all of our students will be able to explore what Anzac Day is and why we commemorate it each year.

### Pupil Free Day

We have a Pupil free day next Friday, 3rd of May. This will allow our staff to train with mathematician and educator Michael Ymer, who will work with our staff on latest and best numeracy practices. Thank you for your support in keeping your little ones at home or making alternative arrangements.

### Cooking Update

Kitchen update: we have our new ovens installed and have been cooking up a storm! Sausage Rolls and Anzac Biscuits have been a hit. Fruit crumble is next! Yum!

### Reading at Home

I encourage families to read every night. School's readers can be done in the morning if it's easier with the younger ones. Audio texts are brilliant for bedtime routines. The Story Box app through the local library is free and have 100s of choices of books to play at bedtime. It can be a great way to unwind together. The more words students hear, the greater their literacy skills!

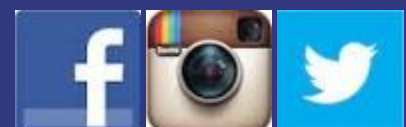
### Well-being

Our Well-being focus has been on recognising emotions in ourselves and others. We have read books, role played conversations and created an 'Acts of Kindness' menu. I look forward to seeing these ideas in use.

### Breakfast Program

Just a reminder that the breakfast program is operating from 8.30am—8.45am. It was great to see so many of our students enjoying breakfast every day with an average of 8 kids attending the breakfast program every day.

Everyday items available include cereal, cheese toasties or toast with a choice of vegemite or honey.



### **Books in Homes Assembly**

On Friday the 19th of April we welcomed Illustrator Judith Rossell to the school for our Books in Homes book giving assembly. Unfortunately our books sponsor Nunawading Rotary Club was unable to attend but it was still great to have Judith join us and speak about her journey and the processes in which she goes through for her book illustrations.

We continue to appreciate the support of the Nunawading Rotary Club and are very thankful for the books that each student received to take home and add to their book collection at home!

Our Term 2 book choices have already been selected and sent off with an assembly date to be set next week!

### **Food Allergies**

Notices went home in Term 1 regarding our allergy awareness. We have a student with a severe peanut allergy and I thank families for their support in keeping this student safe at school. Just remember- no peanuts in any food sent to school and foods with a 'may contain' label are ok- just remind students to wash their hands and never share food.

### **Online Concerns**

We have been dealing with a few issues at school at the moment that come from their online world outside of school. Please monitor your child's usage and follow the age restrictions recommended by games and apps. Online gaming allows for private chat functions and this is fraught with danger for children. It is not recommended that primary school age children have any access to online chat rooms. Chatting through Messenger is also creating difficulties for our students. Students at primary school age are not mature enough to cope with the consequences of their online behaviours, so please monitor carefully their activities and encourage less screen time and more outdoor or creative play. Home is a safe place for students and a time for them to switch off from the demands of peer interactions. Families can limit access to online interactions as it is a good way to keep our children safe and give them down time. If you need support to understand what families can do to help their young people develop healthy digital habits visit [www.esafety.gov.au/parents](http://www.esafety.gov.au/parents)

### **Toys and Sports Equipment**

Toys and sports equipment from home are very precious. They can get lost at school, damaged and can be a cause of conflict. Please keep these special items safe at home. We have plenty of toys and sports equipment for students to use here at school.



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# Classroom News

Welcome back to Term 2. Everyone appears to have had a fabulous break. All students have come back with a great attitude towards learning, and we have had a fabulous start to the term.

Our writing focus this term is retells and recounts and we will concentrate on improving our vocabulary and making our writing interesting to read.

In numeracy we are focusing on patterns in number and patterns we see around us.

During our Integrated Studies this term, we are studying the concept of change.

**Please have a discussion with your child about one or two things that have changed since you have been living in this community.**

They may be recent changes such as the opening of a new restaurant, or they may be things that happened many years ago, perhaps even before our school was built.

Your child will be asked to share these stories with the rest of the class. Thank you very much for your assistance.

We thank Scarlett, Rose, Willow, Duke, Ethan and their families for joining us at the ANZAC Service. The students did us proud and were very respectful when laying the wreath.

Have a fabulous weekend everyone.

*Mrs. Answer*



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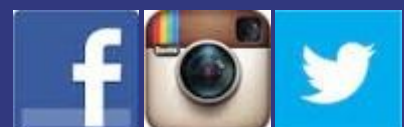
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# CALENDAR OF EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
15	16	17	17	19
22	23	24	25 Anzac Day	26
29	30	May 1	2	3 Pupil Free Day
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31
June 3	4	5	6	7
10 King's Birthday	11	12	13	14
17 Pupil Free Day	18	19	20	21
24	25	26	27	28

## AWESOME ARDMONA AWARD

**Awesome Ardmona**



**Be Safe, Be Respectful and Be A Learner.**

The Week 2 AAA recipient is Scarlett.

Scarlett was nominated for Being a Learner throughout the past fortnight as she continues to give 110% effort in all aspects of her learning!

**Keep up the incredible work Scarlett!**



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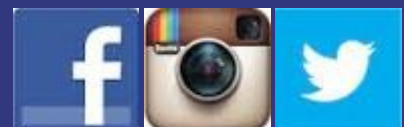
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# Star of the Week

## Stars of the Week!

**Tyson Diercke**  
(F-6)



*Well done to Tyson for trying new things this week and working with other staff members.*

*Fantastic work Tyson!*

## Tutor Learning Initiative—TLI

Wow, what a way to start Term 2 in the TLI Space!! All students have returned ready and eager to achieve their new learning goals. Students have been engaged in some new games and hands on activities. I hope that they've been discussing and sharing these with their families at home – it's so wonderful to see how engaged in learning that everyone is.

Our senior students have the incredible opportunity to be involved in the Australian Math Trust 'Bebras Computational Thinking Challenge' next week. Bebras is a fun and exciting computational thinking challenge that is open to students in Years 3 to 12 internationally. Over 2.9million students from 60 countries will participate in this challenge – this is such an exciting opportunity for our Mathematicians here at Ardmona PS!!

We've been incredibly fortunate to be selected to receive a STEM Kit from Science Play Kids this term. We will be investigating what electricity is, how it flows and renewable energy sources which will provide a wonderful platform for students to build a Cardboard City which ties in with Education Week this year. Our STEM program is heavily integrated into our Maths and Science program. I am looking forward to working with families to bring the Cardboard City to life – if there are any parents or carers who would like to be involved please let me know. Our first session is due to take place on Monday 29<sup>th</sup> April from 2.15pm. This such a wonderful opportunity to see some of the great things that our students are involved in!

I look forward to another wonderful Term!

**Mrs Cosgriff**



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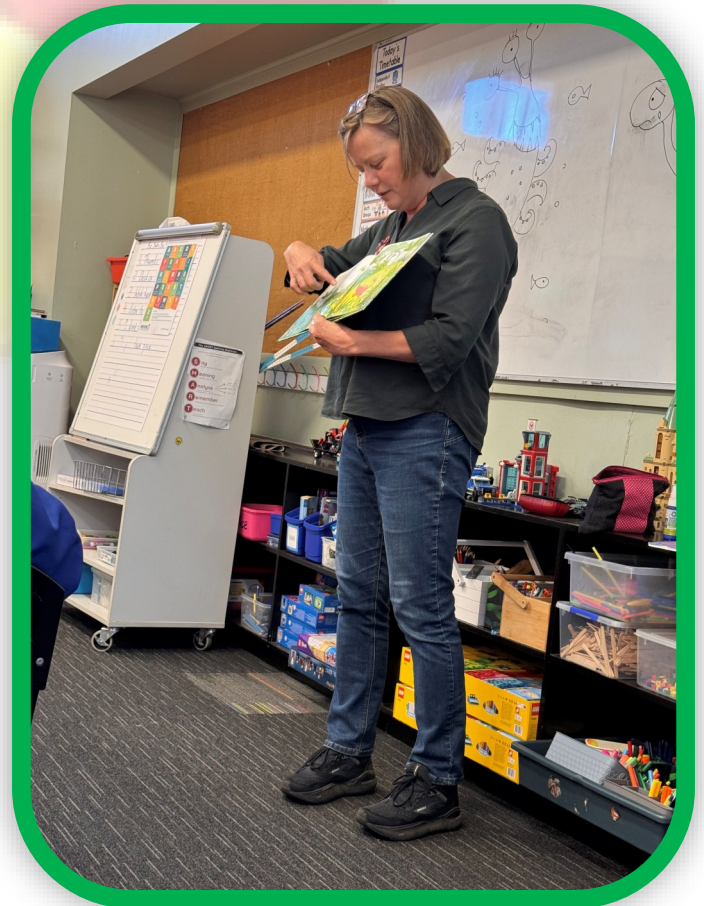
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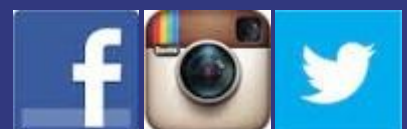
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# Child Safe Standards

## Child Safe Standards

### Child safety and wellbeing at Ardmona Primary School: Information for families and the school community

The Victorian Government has announced new [Child Safe Standards](#) to further strengthen child safety across organisations, including schools. The new standards recognise the critical importance of families and the broader school community in maintaining and promoting child safety and wellbeing.

Ardmona Primary School has reviewed and updated our child safety policies and procedures to ensure they meet the requirements of the new standards. These are available to our school's website and available at the school's front office upon request.

We are committed to continuous improvement in our approach to child safety and wellbeing and welcome feedback from families and members of our school community on ways we can further strengthen our child safety policies, procedures and practices.

Our child safety and wellbeing policies outline the measures and strategies we have in place to support, promote and maintain the safety and wellbeing of our students:

- Bullying Prevention Policy
- Child Safety and Wellbeing Policy
- Child Safety Code of Conduct
- Child safety Responding and Reporting Obligations Policy and Procedure
- Complaints Policy
- Digital Learning Policy
- Student Wellbeing and Engagement Policy
- Visitors Policy
- Volunteers Policy

If you have any suggestions, comments or questions, please contact Jean Varty or Nathan Turner.



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# Disability Inclusion

The Disability Inclusion Profile and surrounding process is designed to help schools and families identify the strengths, needs, and educational adjustments schools can make for students with disability in Victorian Schools. The Disability Inclusion process is the Department of Education's (DET)'s strength-based model which will potentially enable more students to access targeted support.

Your child's class teacher in our case Nicolle Answer and myself will navigate the process of constructing Disability Inclusion Profiles as per necessitates in collaboration with families. The profile is completed through a structured meeting with the students' Student Support Group led by a trained facilitator. Contact will be made by the school to parents and or guardians in reference to those students needing necessary adjustments to their education.

Additionally in my role I will continue to liaise with allied health specialists and practitioners, Student Support Services (DET), and the Department of Families, Fairness and Housing (DFFH) which includes Child Protection, to ensure that support to access school is in place for our most vulnerable students.

Below is a four-minute animated video link providing an overview of Disability inclusion provided by 'The Department of Education'.

<https://www.vic.gov.au/disability-inclusion-extra-support-children-disability>



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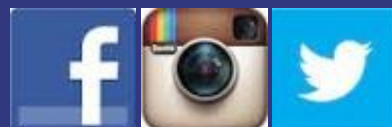
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# LUNCHBOX TIPS AND TRICKS



It's back to school (hooray) .... but also back to packing lunches! Whether packing the lunchbox is a joy or a chore for you, the dreaded lunchbox fatigue is something we all want to avoid!

Adding dairy foods to the lunchbox can provide energy to power kids through their day, and importantly the nutrients to help build strong bones for life. Depending on their age and gender, children need between one to three and a half serves of dairy every day. Using the school lunchbox is a great option for ticking off at least one daily serve of dairy nutrition. And the kids will love the variety and flavour. It's a win, win!

In most cases, food is stored in lunchboxes for several hours, so to ensure it stays fresh and safe the lunchbox needs to stay cool.

Try these dairy safety hacks to give your kids, and their lunchbox, a dairy boost!



**Freeze flavoured or plain milk – this will keep the rest of the lunchbox cool and will defrost throughout the day and be cold ready to drink by lunchtime.**



Perfect for a refreshing drink at lunchtime (remind kids to shake frozen milk before drinking it to ensure a smooth consistency.)



Pack a spoon and it can be eaten as a slushie.



**A freezer pack and insulated lunchbox is a great way of keeping yoghurt and other dairy foods nicely chilled.**



**Freeze tubs of yoghurt, by lunch or recess time they should be semi-thawed and are a delicious cool snack.**



**UHT milks are a great option to include in the lunch box as they don't need to be kept cold.**



**Always follow the 'Use By' and 'Best Before' dates and storage advice for dairy products.**



**Prepare lunches the night before and store in the fridge or freezer.**

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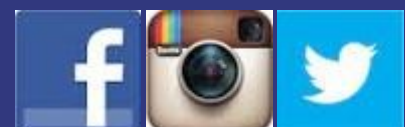
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# Putting right foot forward, because Every Day Counts!

Getting your child up, dressed, fed and off to school isn't always easy. But it's super important for their education.

There are no safe number of days for missing school. Every day missed can put a student behind – with their studies, with their friends and with their connection to school.

Illness is a valid reason to stay at home. But there are very few other reasons... and every day missed adds up:

- Missing a day a fortnight adds up to four weeks a year – or an entire year of education by Year 12
- A child missing a day a week will miss 2 ½ years of school – placing them well behind their peers
- Even missing 30 minutes a day adds up to four weeks a year

With school starting, we encourage parents and carers to set routines and

talk positively about the importance of attending school every day. Try to avoid doctor or dentist visits during the school day and plan family holidays for the term break.

Schools always want to positively work in partnership with their families. Act early if you have attendance concerns by contacting your child's school and asking for advice and support.

Because Every Day Counts.

Hear Shepparton primary students spread the message:



## SHEPPARTON EDUCATION PLAN

The Shepparton Education Plan  
improving education outcomes & life opportunities  
from early years to adulthood  
[www.vic.gov.au/education-plans](http://www.vic.gov.au/education-plans)



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# UNIFORM ORDER

(Prices Include GST)



STUDENT NAME: \_\_\_\_\_

YEAR: \_\_\_\_\_

ITEM	SIZES	PRICE	ORDER		
			Number Ordered	Size	Total \$
POLO SHIRT – 'Aussie Pacific' – Short Sleeves	6-16	\$35			
POLO SHIRT – 'Aussie Pacific' – Short Sleeves	S & up	\$40			
SHORTS – Red – LWR	6-16	\$10			
Hoody	4-16 & XS—XXXL	\$65			
TRACKSUIT – 'Eureka' – Jacket with Pants	4-16	\$85			
SCHOOL JACKET ONLY	4-16	\$50			
HAT – Bucket	S-M	\$15			
Pom Pom Beanie	One Size	\$20			
				TOTAL	

*\*\*Please note, all uniforms come including embroidery of logos.*

Any enquiries, please phone the office on 5829 0273. A payment plan can be set up for your payment if that would help you out.

Feel free to either email, the school at [ardmona.ps@education.vic.gov.au](mailto:ardmona.ps@education.vic.gov.au)

Please make cheque payable to **Ardmona Primary School** or

Direct Deposit

**Ardmona Primary School**

**BSB:** 063 527

**Acc Number:** 00 906 494



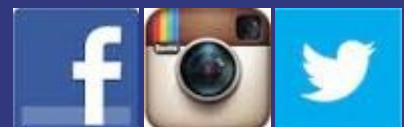
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